

2007 CALIFORNIA TRACK & FIELD

CALIFORNIA TRACK & FIELD FACTS

Name	University of California
Location	Berkeley, Calif.
Founded	1868
Enrollment	33,000
Nickname	Golden Bears
Colors	Blue & Gold
Chancellor	Robert Birgeneau
Athletic Director	Sandy Barbour
Deputy Athletic Director/SWA	Teresa Kuehn Gould
Home Facility	Edwards Stadium (22,000)
Men's 2006 Pac-10/MPSF Finishes	8th/7th
Women's 2006 Pac-10/MPSF Finishes	6th/3rd
Men's Letterwinners Returning/Lost	22/8
Men's Newcomers	11
Women's Letterwinners Returning/Lost	16/8
Women's Newcomers	10

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MEDIA CREDENTIALS

Please direct all requests/questions for media credentials to Dean Caparaz in the media relations office. Requests should be made in writing by sports editors/directors on appropriate letterhead at least one week prior to the meet. Please fax (510-643-7778) or email the requests to dcaparaz@berkeley.edu.

INTERVIEWS/PRESS INFORMATION

A pre-game press release and complete set of results will be made available to members of the media covering Cal home track and field meets. These will also be available online at www.CalBears.com. All athlete and coach interviews, either in person or by telephone, must be coordinated through the Media Relations office with a minimum of one day's notice. Please call Dean Caparaz at 510-643-5846 for more information.

CALIFORNIA TRACK & FIELD COACHING STAFF

Director of Track and Field	Chris Huffins (5th year)
Associate Director (Vertical Jumps-Multis)	Ed Miller (24th year)
Associate Director (Mid. Distance-Distance)	Tony Sandoval (25th year)
Assistant Coach (Throws)	Jennifer Joyce (4th year)
Assistant Coach (W. Sprints/Hurdles)	Bryan Fetzter (3rd year)
Assistant Coach (Pole Vault)	Scott Slover (1st year)
Volunteer Assistants	Antonette Carter, Chris Coffee, Abby Parker, Chanda Picott, Mark Jellison
Student Volunteer Assistant	Craig Woods
Administrative Assistant	Tim Bogdanof
Olympic Sports Operations Manager	Josh Flushman
Trainers	Elaine Garcia, Melissa Belandres
Equipment Manager	Laura Wong
Strength & Conditioning	Hank Behrens
Academic Advisor	Melanie Moonsamy

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CREDITS

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2007 SEASON OUTLOOK

BREAKOUT SEASON AWAITS
GOLDEN BEARS

Years of stockpiling some of the best young talent in the West and assembling an experienced coaching staff could bear fruit for **Chris Huffins** and California track and field in 2007. Huffins, the former star decathlete for the Golden Bears, is now in his fifth year as Cal's Director of Track and Field. He looks forward to what should be a breakout year for the program.

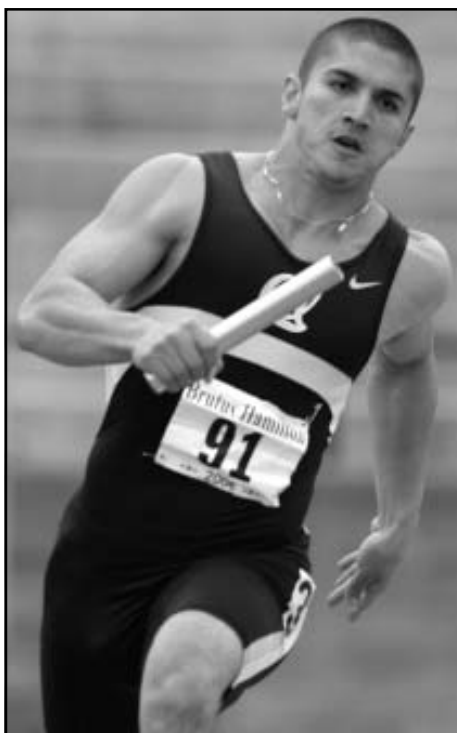
"This year's program is going to be a very nice mix of high-powered youth and quality experience," Huffins said. "We've got a good sampling of veteran leadership in the program, in the likes of **Alysia Johnson**, **Cassandra Strickland**, **Giliat Ghebray**, **Kevin Davis** and **Thomas Mack**.

"And we have a really nice influx of newcomers. **Tracey Stewart** is one of the best young triple jumpers in the country. I think that this will be a breakout year for **Artensia Young**. I definitely think that **Inika McPherson** is probably one of the best high jumpers in this country, collegiate or otherwise, and I think our throws group is poised to do some spectacular things."

Cal is coming off a strong finish to the 2006 season, which included All-America honors for returning junior Alysia Johnson in the women's 800-meter run and senior Giliat Ghebray in the men's 5000 meters at last season's NCAA Outdoor Championships in Sacramento.



Mark Matusak



Nestor Solis

MEN'S TRACK

SPRINTS, HURDLES, RELAYS

Returning juniors **Craig Gallimore** and **Thomas Mack** will spearhead Cal in the sprints and hurdles. Last season, Gallimore posted Cal's top time in the 110-meter hurdles, with a 14.17 that placed him fifth at the Pac-10 Outdoor Championships, and ran the Bears' second-best 400-meter hurdles, with a 54.09 at the Big Meet.

Mack likewise starred for the Bears in his sophomore season, recording Cal's season-best 60-meter hurdles time with an 8.03 at the MPSF Indoor Championships and a lifetime-best 60-meter dash of 7.02 indoors at the Arizona-California Challenge.

"The men's sprints and hurdles group is an excellent blend," Huffins said. "We definitely have quality experience with Craig Gallimore and Thomas Mack, and we've got the youth definitely served with the likes of **Jordan Paul**. In the long hurdles, the emergence of **Jake Hanson** will provide a great deal of strength in the sprints and hurdles area of our program."

Hanson, meanwhile, ran the Bears' fastest indoor 200-meter dash, with a 22.07 at the 2006 MPSF Indoor Championships, and ran on Cal's second-fastest 4x400-meter relay (3:11.77) at the Pac-10 Championships.

The addition of Cal football players will have a big impact on the sprints and, in particular, the relays.

"With our 4x100, a lot of it will depend on how the football guys can mesh," Huffins said. "On the 4x400 side, we will have a very top quality relay that should once again compete at the regional and national championship level."

Those football Bears include running back **Justin Forsett** and defensive backs **Brandon Hampton** and **Charles Amadi**. Forsett, a sophomore coming off a stellar fall with Cal football, was part of Cal track and field's fastest 4x100-meter relay, which clocked a 41.16 at the Pac-10 Championships last spring. That relay featured Forsett, Hampton, former Cal star **Marshawn Lynch** and **Alex Beitashour**.

The latter won Cal's Walter Christie Award for outstanding male performance as part of the relay that won the 4x100 at last year's Big Meet. He also ran the Bears' fastest 100-meter dash with a 10.94 at the Modesto Relays.

Senior **Nestor Solis** had a strong junior year in 2006, when he paced Cal with top times in the 200 (lifetime-best 21.78 at the

Big Meet) and the 400 (lifetime-best 47.09 at the NCAA West Regional). He ran on Cal's fastest 4x400 relay (3:11.74 at the Texas Relays) and is an option for the 4x100 as well as the distance medley relay.

MIDDLE DISTANCE AND DISTANCE

All-American **Giliat Ghebray**, back for his final season as a Bear, last year ran Cal's fastest times in the 3000 (lifetime-best 7:58.46, indoors at the Husky Classic), 5,000 (lifetime-best 13:50.84 at the Payton Jordan Cardinal Invitational) and 10,000 (lifetime-best 29:44.11, Stanford Invitational). Those times place him among Cal's top 10 all-time rankings, with his 3,000 time ranked second, his 5,000 time fifth and his 10,000 time fifth.

"Giliat has both indoor and outdoor experience, and we expect big things from him," said **Tony Sandoval**, Cal's associate director of track and field. "He is very versatile. He can run a mile, he can run a 3,000 and he can run a 5,000. Last year, he ran the 10,000, but I don't think he is going to run the 10 this year."

Cal's other distance specialists include sophomore **Mark Matusak**, who ran lifetime bests in the 3,000 (8:06.18, MPSF Championships) and 5,000 (14:31.31, Big Meet) as a freshman. He also is a middle-distance runner, having clocked Cal's fastest 1,500 (lifetime-best 3:45.04) at the Pac-10 Championships in 2006. Ghebray was right behind Matusak in the 1,500 (lifetime-best 3:49.13, Big Meet) last year.

Sophomore teammate **Chris Chavez**, who, like Matusak, competes for the Cal cross country team, notched the Bears' third-best 5,000 behind Ghebray and Matusak. Chavez ran a lifetime-best 14:38:96 at the MPSF Championships last season. Redshirt freshman **Yosef Ghebray**, Giliat's younger brother who also runs for Cal cross country, is another athlete with plenty of potential in the distance events.

Cal sophomore **Matt Miller** and freshman **Steve Sodaro** may compete in everything from the middle-distance and distance races to the steeplechase. Last year, Miller ran a lifetime- and Cal season-best 9:14.61 in the 3,000-meter steeplechase and also recorded lifetime bests in the 800, 1,500 and 3,000.



Jonas Hallgrimsson

The return of **David Torrence** to Cal track and field can only help the emerging middle-distance runners. Now a junior, Torrence starred for the Cal cross country team last fall. Torrence collected NCAA West Region and second-team All-Pac-10 honors in cross country after finishing 13th and 11th in those respective meets.

"David is one of the top 15 returning milers in the country," Sandoval said. "He will lead a group of very, very good middle-distance people."

Torrence, along with sophomores **Sean Carey**, **Francis Gadayan** and **Andres Perezchica**, gives Sandoval a strong group of 800 runners. Carey holds Cal's top returning time (lifetime-best 1:51.77) in the 800 from last year.

VERTICAL AND HORIZONTAL JUMPS

Cal boasts some of the best jumpers in the country both vertically and horizontally. Junior **Ed Wright** will vie for All-American honors in the high jump this season. Wright is coming off two strong seasons, recording a season-best 6-10 3/4 in the high jump to take third place at last year's Pac-10 Championships and notching a jump of 6-11 3/4 to take third at Pac-10s in 2005.

Junior **Donny Appanaitis** is Cal's top returner in the pole vault. Indoors last year, Appanaitis notched Cal's second-best mark with a jump of 16-0 3/4 at the Arizona-California Challenge.

The Bears have added a trio of newcomers in the pole vault, with freshman **Ryan Shuler**, freshman **Kyle Mills-Bunje** and sophomore **Grigore Key**. Shuler, who became the first high school freshman to win the California state championship in 2003, was ranked No. 2 in California in the outdoor pole vault as a senior at Granite Bay High School in Granite Bay, Calif.

Mills-Bunje adds depth in the high jump and the pole vault. Slated as a decathlete for Cal, the freshman is also strong in the long jump. As a senior at Saint Francis High School in Mountain View, Calif., he took third in the long jump at the CIF Championships and, as a junior, was second in the pole vault at the CCS Championships.

Working with the Cal men's and women's pole vaulters this season is first-year assistant coach and former UCLA star **Scott Slover**.

"Scott was a national and world-class pole vaulter, and he brings a fire and a zest for an event that I always thought we could be very, very good at," Huffins said. "We've got some very high-caliber vaulters in, and I think Scott is going to help put an assault on the school-record board in both the men's and women's pole vault."

Senior **Jonas Hallgrimsson** and junior **Steven Conrad**, also decathletes, led the Bears in the long jump in 2006, with Hallgrimsson setting a lifetime-best 23-4 at the Big Meet and Conrad jumping a 23-0 at the UW Indoor Invitational. Hallgrimsson also paced Cal in the triple jump (47-1).

Amadi, a redshirt freshman for Jeff Tedford's team last fall, is a strong triple jumper and another option in the long jump. In the triple jump, Amadi finished fourth in the California state meet as a senior and third as a junior at Edison High School in Fresno, Calif. Hallgrimsson was also Cal's top triple jumper in 2006, with a mark of 47-1 at the Modrall Sperling Invitational.

Sophomore newcomer **Patrick Desmond**, a transfer from Oregon, brings lifetime-bests of 47-2 in the triple jump and 22-6 in the long jump to Berkeley.

THROWS

Cal boasts plenty of experience in the throws, with juniors **Craig Kent**, **John Ludden** and **Zak Thomas** back for throws coach and former Bears star **Jennifer**

Joyce. Sophomore **Kurt Seefeld**, who has Cal's best returning mark in the discus (lifetime-best 176-1, Pac-10 Championships), is also back.

Ludden reached the NCAA West Regional in the hammer throw last year, tossing a lifetime-best 196-11 to take eighth place. Thomas, who redshirted the 2005 season with a back injury, tossed a 185-2 in the hammer to take eighth place at the Pac-10 Championships.

"In the hammer, we're looking for big things out of John," Joyce said. "We hope they make finals at regionals and Pac-10s and get to nationals. Last year, Zak had back surgery, but this year they're both well ahead of where they were last year."

Kent, who notched Cal's best shot put (season-best 55-9.75) at the Big Meet, also competed at the NCAA West Regional, taking 17th in the shot (52-11.50).

Cal lost All-American javelin thrower **Paul Teinert** to graduation but retains the services of sophomore **Ryan Young**, Hallgrímsson and Kent. Young set a Cal freshman record (232-10) in the javelin at the Hornet Invitational, while Hallgrímsson tossed a lifetime-best 216-5 at Pac-10s.

DECATHLON

Hallgrímsson and Conrad return to give Cal a solid 1-2 punch in the multi-events. Hallgrímsson collected 6,900 points in the decathlon at the Mt. SAC Relays last April, while Conrad notched a lifetime-best 5,211 at the Cal Multi-Events meet in Berkeley



Brook Turner

last March. Mills-Bunje, the long jump and pole vault specialist from Menlo Park, Calif., will add depth in the multis.

Indoors, Hallgrímsson had Cal's best heptathlon (5,429), which gave him third place at the MPSF Championships and qualified him for the NCAA Indoor Championships, at which he placed 15th. Conrad had a season-best 5,180 at the UW Indoor Invitational.

Strong in the jumps and sprints as a combined athlete, Conrad was second to Hallgrímsson in the long jump (23-0, UW Indoor Invitational) and third overall in the 200 (22.09, Modrall Sperling Invitational).

WOMEN'S TRACK

SPRINTS, HURDLES, RELAYS

This should be a coming of age season for the Cal women's sprinters and hurdlers. Despite losing 100 and 200 record-holder **Antonette Carter** as well as **Tiffany Johnson** from last year's team, the Bears return a strong corps of sprinters, including juniors **Brook Turner** and **Alysia Johnson** and sophomores **Angie Pressey**, **Kristin Holmes**, **Evelyn Smith**, **Kandi Bonty**, **Lollie Onipede** and **Francesca Weems**.

"Brook has been through Pac-10s and understands what it takes to succeed," Cal assistant coach **Bryan Fetzer** said. "We expect more out of her this year."

Bonty and Onipede have Cal's top returning times, with a 12.09 and a 12.20, respectively, in the 100. Pressey, the Cal volleyball All-American who's also a long jumper, will lend her talents to the short sprints for the Bears. While she redshirted the outdoor season last year, Pressey ran Cal's second-fastest 60-meter dash indoors, behind Carter, with a lifetime-best 7.56 at the Arizona-California Challenge.

"Few athletes can be an All-American in both volleyball and track," Fetzer said, "but down the road she will be an All-American in track."

Bonty and Turner look to pace the Bears in the 200, as Bonty notched a 24.67 (third-fastest behind Carter and Tiffany Johnson) and Turner clocked a 24.58 (fourth) in the event last year. Freshmen **Cameo Motley** and **Kimyon Broom** should add depth in the 200.

Alysia Johnson, an All-American at the middle-distance 800, was also the fastest Bear in the 400 last year, clocking a lifetime-best 53.01 at the Big Meet. Turner was Cal's next fastest runner in the 400, as she

Bridget Duffy

raced to a lifetime-best 54.06 in sixth place at the 2006 Pac-10 Championships. Turner, sophomore **Mackenzie Pierce**, Holmes and Johnson combined to run a 3:37.04, Cal's second-fastest 4x400-meter relay ever, at the Texas Relays.

While Cal's 4x400 should remain the same, Cal will revamp its 4x100 relay with all four of the runners who ran Cal's fastest time in 2006 gone to graduation. Fetzer will have a talented pool to choose from in Holmes, Bonty, Pressey, Motley, **Tracey Stewart** and **Artensia Young**.

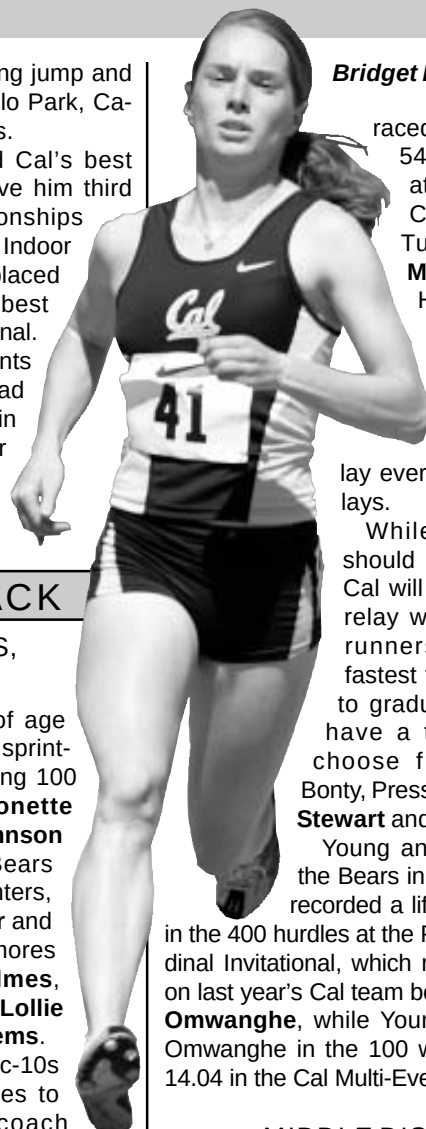
Young and Smith will pace the Bears in the hurdles. Smith recorded a lifetime-best 1:01.06 in the 400 hurdles at the Payton Jordan Cardinal Invitational, which ranked her second on last year's Cal team behind **Osarhiemen Omwanghe**, while Young was second to Omwanghe in the 100 with a lifetime-best 14.04 in the Cal Multi-Events Meet.

MIDDLE DISTANCE AND DISTANCE

Any talk of the Cal women's middle-distance runners starts with **Alysia Johnson**, Cal's three-time All-American who took third place in the 800 in both the NCAA Indoor and NCAA Outdoor Championships last year. Johnson also holds the second-fastest 800 time (2:01.80) in Cal history, which she set when she took fourth place in the 800 at the USA Outdoor Championships last summer.

"That 2:01.80 is right on the cusp of being world class," Sandoval said. "Backing her up is an outstanding sophomore in **Mackenzie Pierce**. She had some very exciting races last year. We have a lot of expectations for her. She is a very talented young lady who was a high school All-American, and I think that gives us a great one-two punch in the 800."

Pierce, who ran a season-best 2:07.37 in the 800 last season, paced the Bears in the 1,500 with a lifetime-best 4:32.52 at the Hornet Invitational. Senior teammate **Elizabeth Mayeda** was next fastest with a lifetime-best 4:38.54 to win the 1,500 at the USF Invitational.



This season will be the track debut of **Gabriela Rios-Sotelo**, a freshman who redshirted last year due to injury. A product of St. Mary's High School in Berkeley, Calif., Rios-Sotelo ran unattached in that same 1,500 at the USF Invitational and clocked a time of 4:44.49 to take fourth. Freshmen **Alison Greggor** and **Rowena Tam** will add depth in the middle distances.

In the distance events, junior **Rebecca Yau** and senior **Bridget Duffy** will lead the Bears. Yau is coming off a strong sophomore season in which she set a Cal indoor-record 16:52.66 in the 5,000 and a lifetime-best 9:39.35 in the 3,000 at the MPSF Indoor Championships.

"Rebecca is right on the cusp of being an NCAA qualifier in the 5,000 or the 10,000," Sandoval said. "She is backed up by Elizabeth Mayeda, who had a great track and field season last year. We are hoping that Elizabeth can make the same kind of breakthroughs this year that Rebecca made last year."

VERTICAL AND HORIZONTAL JUMPS

Along with the women's sprints, this is one of the hardest-hit areas for the Bears, who lost four seniors, including Carter and **Tiffany Johnson**. But Cal still has a formidable stable of returners in the women's jumps, with former junior national champion **Cassandra Strickland**, emerging sophomore **Inika McPherson** and **Angie Pressey**.

Also a strong long jumper, Strickland posted Cal's best mark in the triple jump last year, with a lifetime-best and NCAA provisional qualifier 42-9.75 indoors at the Arizona-California Challenge. That mark placed her third on Cal's all-time list for the women's triple jump. McPherson is Cal's top returning high jumper, after setting the Bears' indoor record of 5-10.75 at the Arizona-California Challenge. That mark also placed her second overall on Cal's all-time list.

With Pressey's speed in the sprints, it's no wonder the Cal coaches expect success from her in the long jump. Last season, she notched her season-best 19-0.75, Cal's top returning long-jump mark, at the Arizona-California Challenge. Young will lend her talents to the triple jump (lifetime-best 41-0.50, 2006 MPSFs) and long jump (lifetime-best 18-11.75, 2006 MPSFs).

Kristin Holmes (long jump) and **Tracey Stewart** will also contribute.

As a high school senior at James Logan in Union City, Calif., Stewart took second place in the long jump (lifetime-best 19-9.75) and triple jump (41-7.75) at the California state meet.

A trio of freshmen – **Kerry Boyle**, **Taylor Franklin** and **Theresa Raub** – join sophomore **Katie Morgan** to man the pole vault. Morgan has Cal's top returning mark of (11-9.75, Modrall Sperling Invitational). At the 2006 California state meet, Raub finished fifth and Franklin was seventh.

THROWS

The Bears are looking strong in the women's throws, with the return of senior **Carrie Johnson**, sophomore **Emilee Strot** and senior **Kelechi Anyanwu** from outstanding 2006 seasons. The addition of sophomore **Missy Faubus**, who redshirted last year due to injury, raises the expectations of this group even more.

Strot set the Cal women's freshman record and Cal's overall women's outdoor record in the javelin with a 152-10 (Hornet Invitational). She also led the 2006 Bears with a lifetime-best discus throw of 177-11 (Big Meet). Johnson is Cal's returning leader in the hammer (208-3, Pac-10s), while Anyanwu led the 2006 Bears in the

shot put (lifetime-best 49-7.50, Drake Relays).

"We're looking to get them back to nationals and have them at least make the top 12 and earn All-America honors," Joyce said. "Between Emilee, Carrie, Missy and Kelechi, we can definitely accomplish a lot at the Pac-10 and NCAA Championships. We're expecting big things from them all."

Cal senior **Daisy Van Ravenswaay** is a solid four-event athlete, including the indoor weight throw, with plenty of potential in the shot put.

HEPTATHLON

Cal is still young in this area, as sophomores **Tifani Grimes** and **Artensia Young** are joined by freshman **Ashleigh Gunderman** in the multi-events. Grimes was the Bears' top combined women's athlete last year, as she scored a lifetime-best and NCAA regional qualifier 5,034 to take seventh place in the heptathlon at Pac-10s. She was eighth in the pentathlon (3,679) at the MPSF Indoor Championships.

Young secured her lifetime-best 4,915 in the heptathlon at the Cal Multi-Events Meet in Berkeley and collected a lifetime best in the indoor pentathlon with a 3,614 at MPSFs. Gunderman is a transfer from Vermont whose strength is the hurdles. In high school at Mater Dei in Santa Ana, Calif., she was the CIF Division II 100-meter hurdles champion.

SCHEDULE

Cal has put together another competitive schedule this season, both indoors and outdoors, with an emphasis on displaying the Bears' talented athletes in Berkeley.

"Every year you try to make positive adjustments, and I think this year we finally got it completely right," Huffins said. "We have a quality indoor schedule. It's very competitive and will definitely look to put our best athletes in the best positions to try to be in the top 20 at the national championship meet."

"Outdoors, we have a great blend of quality meets that we travel to, and we probably have the best home schedule that we've had in a couple of decades. We're very excited about our home schedule. This is the kind of season that the fans of Cal track and field have been waiting for. We have the kind of team that we can go into battle with just about anybody and fare pretty well."



Emilee Strot

MEN'S 2007 TRACK & FIELD ROSTER

**Kurt Seefeld****Ed Wright**

NAME	EVENT	HT	YR	EXP	HOMETOWN (Previous School)
Yahya Abdul-Mateen	Hurdles-Sprints	6-3	So.*	1V	Oakland, Calif. (McClymonds HS)
Charles Amadi	Triple Jump-LJ	5-11	Fr.	HS	Fresno, Calif. (Edison HS)
Donny Appanaitis	Pole Vault	6-0	Jr.*	2V	Palos Verdes, Calif. (Loyola HS)
Alex Beitashour	100m-200m-400m	6-2	Sr.*	2V	San Francisco, Calif. (Branson School)
Sean Carey	800-1500m	5-11	So.*	1V	Albany, Calif. (Albany HS)
Chris Chavez	Distance	5-9	Jr.	2V	Culver City, Calif. (Santa Monica HS)
Michael Coe	Distance	6-2	Fr.	HS	Lompoc, Calif. (Cabrillo HS)
Steven Conrad	Decathlon	5-10	Jr.	2V	Grass Valley, Calif. (Nevada Union HS)
Kevin Davis	1500m-5000m-SC	5-10	Sr.*	3V	Fresno, Calif. (Clovis West HS)
Peter Deptula	800m	5-10	Fr.	HS	Mililani, Hawai'i (Punahou School)
Patrick Desmond	Triple Jump	6-3	So.	TR	Mountain View, Calif. (Menlo-Atherton HS/Oregon)
Ameer Ellaboudy	Sprints	6-0	So.	HS	Rancho Cucamonga, Calif. (Rancho Cucamonga HS)
Justin Forsett	Sprints	5-8	So.*	1V	Arlington, Texas (Grace Prep)
Francis Gadayan	Mid-Distance	5-10	So.*	JC	San Francisco, Calif. (Archbishop Riordan/CC S.F.)
Craig Gallimore	110mH-400mH	6-1	Jr.*	2V	Burke, Va. (Lake Braddock HS)
Giliat Ghebray	1500m-5000m	6-0	Sr.*	3V	Union City, Calif. (Logan HS)
Yosef Ghebray	Distance	5-10	Fr.*	HS	Union City, Calif. (Logan HS)
Jonas Hallgrimsson	Decathlon-TJ	6-4	Sr.*	3V	Hafnarfjörður, Iceland (USC)
Brandon Hampton	Sprints	5-10	Jr.*	1V	Los Angeles, Calif. (Westchester HS)
Jacob Hanson	Hurdles	6-0	So.	1V	Yelm, Wash. (Yelm HS)
Craig Kent	SP-Discus	6-2	Jr.*	2V	Mead, Wash. (Central Valley HS)
Grigore Key	Pole Vault	5-11	So.	TR	San Jose, Calif. (Santa Clara)
Patrick Kowalski	SP-Discus-Hammer	6-2	Fr.	HS	Denver, Colo. (J.K. Mullen)
Eric Lee	Mid. Distance	6-1	Jr.	2V	San Rafael, Calif. (Sir Francis Drake HS)
John Ludden	SP-Discus-Hammer	6-2	Jr.*	2V	Canoga Park, Calif. (Harvard-Westlake HS)
Thomas Mack	110mH-400mH	6-0	Jr.*	2V	Bakersfield, Calif. (Bakersfield HS)
Mark Matusak	Distance	5-11	So.	1V	Torrance, Calif. (Loyola HS)
Matthew Miller	Distance	5-10	So.	1V	Manhattan Beach, Calif. (Loyola Prep)
Kyle Mills-Bunje	Decathlon-PV	6-2	Fr.	HS	Menlo Park, Calif. (Saint Francis HS)
Micah Parker	Distance	5-8	Jr.*	2V	Reno, Nev. (Lassen College)
Jordan Paul	Hurdles	6-3	So.	1V	Los Angeles, Calif. (Loyola Prep)
Andres Perezchica	Mid-Distance	5-8	Jr.	1V	Cathedral City, Calif. (Cathedral City HS)
Kurt Seefeld	Discus	6-5	Sr.*	3V	San Rafael, Calif. (Marin Catholic HS)
Ryan Shuler	Pole Vault	5-11	Fr.	HS	Granite Bay, Calif. (Granite Bay HS)
Steve Sodaro	Steeplechase	6-0	Fr.	HS	Tiburon, Calif. (Redwood HS)
Nestor Solis	400m	5-9	Sr.	3V	Fairfield, Calif. (San Francisco State)
Andrew Stevens	Pole Vault	6-1	So.*	1V	Palos Verdes, Calif. (Palos Verdes Peninsula)
Jonathan Suddaby	200m-400m	5-9	Jr.*	2V	Aurora, Canada (St. Andrew's College)
Justin Ta	Hurdles	5-10	Fr.	HS	San Jose, Calif. (Silver Creek HS)
Dawit Tesfasilassie	Distance	5-8	So.	1V	Santa Rosa, Calif. (Piner HS)
Zak Thomas	Hammer	5-11	Jr.*	2V	Wakefield, R.I. (South Kingstown HS)
David Torrence	Mid Dist-Distance	6-0	Jr.*	1V	Reseda, Calif. (Loyola HS)
Ed Wright	High Jump	6-2	Jr.	2V	Oakland, Calif. (St. Mary's HS)
Ryan Young	Javelin	6-5	So.	1V	Silverdale, Wash. (North Kitsap HS)

* Utilized redshirt year

WOMEN'S 2007 TRACK & FIELD ROSTER

NAME	EVENT	HT	YR	EXP	HOMETOWN (Previous School)
Kelechi Anyanwu	SP-Discus-Hammer	5-8	Sr.	3V	San Jose, Calif. (Silver Creek HS)
Kandi Bonty	100m-200m-400m	5-5	So.	1V	Los Angeles, Calif. (James Monroe HS)
Kerry Boyle	Pole Vault	5-5	So.	HS	Livermore, Calif. (Granada HS)
Kimyon Broom	Sprints-Hurdles	5-5	Fr.	HS	Inglewood, Calif. (Serra HS)
Katie Cartwright	Hurdles	5-5	Fr.	HS	Tempe, Ariz. (Corona Del Sol HS)
Bridget Duffy	800m-1500m-5000m	5-3	Sr.*	3V	Oakland, Calif. (St. Mary's HS)
Missy Faubus	SP-Discus-Hammer	5-6	So.*	1V	Bakersfield, Calif. (Centennial HS)
Taylor Franklin	Pole Vault	5-7	Fr.	HS	Portola Valley, Calif. (Saint Francis HS)
Alison Greggor	Distance	5-3	Fr.	HS	Novato, Calif. (San Marin HS)
Tifani Grimes	Heptathlon	5-9	So.*	1V	Sacramento, Calif. (St. Francis HS)
Ashleigh Gunderman	Heptathlon-H	5-6	Fr.*	HS	Aliso Viejo, Calif. (Mater Dei HS/ Vermont)
Kristin Holmes	100m-200m-LJ	5-9	So.	1V	Claremont, Calif. (Claremont HS)
Alexandra Hunnings	Hammer-Javelin	5-6	Sr.	3V	North Vancouver, Canada (Argyle Secondary)
Alysia Johnson	400m-800m	5-7	Jr.	2V	Canyon Country, Calif. (Canyon HS)
Carrie Johnson	SP-Discus-Hammer	5-10	Sr.*	3V	Fallbrook, Calif. (Fallbrook Union HS)
Pippa MacDonald	800m-1500m	5-8	Jr.*	2V	Kailua, Hawai'i (Punahou HS)
Mercedes Marchbanks	TJ-LJ	5-9	Fr.*	HS	Redwood City, Calif. (Sequoia HS)
Elizabeth Mayeda	5000m	5-7	Sr.*	2V	Aptos, Calif. (Aptos HS)
Inika McPherson	High Jump	5-6	So.	1V	Port Arthur, Texas (Memorial HS)
Katie Morgan	Pole Vault	5-8	So.*	1V	Tempe, Ariz. (Corona del Sol HS)
Cameo Motley	Sprints	5-2	Fr.	HS	Hayward, Calif. (Mt. Eden HS)
Lollie Onipede	100m-200m	5-8	So.	1V	Berkeley, Calif. (Holy Names HS)
Rebecca Palm	Distance	5-3	Fr.*	TR	Campbell, Calif. (Prospect HS/ San Jose St.)
Mackenzie Pierce	400m-800m	5-11	So.	1V	Winston Salem, NC (Forsyth Country Day)
Angela Pressey	LJ-100m	5-9	So.*	1V	Heathrow, Fla. (Lake May HS)
Theresa Raub	Pole Vault	5-11	Fr.	HS	Arlington Heights, Ill. (Prospect HS)
Gabriela Rios-Sotelo	1500m-5000m	5-5	Fr.*	HS	Berkeley, Calif. (St. Mary's HS)
Evelyn Smith	Hurdles-Sprints	5-4	So.	1V	Hayward, Calif. (Hayward HS)
Kiely Smith	SP-Discus-Hammer	5-7	Fr.	HS	San Jose, Calif. (Valley Christian HS)
Tracey Stewart	LJ-TJ	5-8	Fr.	HS	Richmond, Calif. (James Logan HS)
Cassandra Strickland	TJ-LJ-HJ	5-11	Jr.	2V	Las Vegas, Nev. (Foothill HS)
Emilee Strot	SP-Discus-Javelin	6-0	So.*	1V	Gresham, Ore. (Greshman HS)
Rowena Tam	Mid-Distance	5-5	Fr.	HS	San Diego, Calif. (University City HS)
Brook Turner	200m-400m	6-1	Jr.	2V	Beachwood, Ohio (Hawken School)
Daisy Van Ravenswaay	Discus-Javelin	6-3	Sr.	3V	Ontario, Canada (Cayuga Sec./ Connecticut)
Francesca Weems	200m-400m	5-5	So.	1V	Kailua-Kona, Hawai'i (Kealahake HS)
Rebecca Yau	5000m-10000m	5-7	Jr.	2V	Orinda, Calif. (Miramonte HS)
Artensia Young	LJ-TJ-Hurdles	5-11	So.*	1V	Los Angeles, Calif. (Junipero Serra HS)

* Utilized redshirt year



Missy Faubus



Rebecca Yau

DIRECTOR OF TRACK & FIELD

CHRIS HUFFINS

*Director of Track & Field
5th Year at Cal*



After successfully competing as a Golden Bear athlete in the early 1990s, Chris Huffs returned to Cal on Oct. 16, 2002, as Director and Head Coach of the Men's and Women's Track and Field and Cross Country programs. Huffs, a rising star of the coaching ranks, has developed California into a prominent program on the national level.

Since Huffs has taken over the reins of the program, he has led the Golden Bears to some of Cal's greatest achievements. In his first three years, the Bears sent more athletes to the NCAA Championships than in any other three-year span (12 in 2003, 13 in 2004 and 15 in 2005) and Huffs has seen his Bears collect 23 All-America honors. The Bears have rewritten the record books under Huffs, setting 20 new Cal school records and 10 new freshman records. Most impressively, Huffs saw five current Bears compete at the 2004 Olympic Trials in Sacramento, Calif. Two of Huffs' athletes were ranked in the top 10 in the country by TrackWire.com at the start of the 2007 season, with junior Alysia Johnson ranked third in the 800 meters

and junior David Torrence ranked 10th in the mile, and two were ranked in the top 10 by *Track and Field News* both in 2005, with Antonette Carter ranked eighth in the long jump and Paul Teinert ranked ninth in the javelin. Along with these accomplishments, Huffs has coached Cal Throws coach Jennifer Joyce to three Canadian national titles in the hammer, four Canadian hammer records and berths on Canada's 2005 World Championship team and 2006 Commonwealth Games team.

Joyce's Canadian national record in the hammer has grown from 214-6 to 224-8 under Huffs' tutelage.

Huffs has seen the team improve its conference standing dramatically since he inherited the program. Holding to the mantra "returning to glory," the women produced the program's highest Pac-10 finish two straight years. They finished fifth at both the 2005 and 2004 conference championships, up four places from 2003, and Cal took second at the Mountain Pacific Sports Federation Indoor Championships in 2006. The Cal men moved up to seventh in the challenging Pac-10 Conference, having weathered a few key injuries over the previous two years. Indoors, however, the men placed second, third and four in the MPSF in, respectively, 2004, 2005 and 2006. Both the Golden Bear track squads look to win the indoor conference titles this season. Huffs has also nurtured the development of the true student-athlete, evidenced by more than 60 Pac-10 All-Academic honors that his athletes have earned since 2003. The future looks bright for Huffs and his Bears, as the 2004 incoming freshman recruiting class was ranked first and the 2005 class was ranked fifth in the country by *Track & Field News*.

Huffs brought six years of coaching experience with him to his first head coaching position. Throughout his time as an assistant coach, he coached numerous All-Americans and All-ACC honorees. In 2000, he was hired as an assistant coach at Georgia Tech, where he coached the sprints, throws, pole vault and the combined events. Under Huffs' direction, Yellow Jackets set new school records in the women's pole vault, weight throw, hammer and shot put and in the men's weight throw, hammer and javelin. Huffs guided javelin thrower Chris Sinotte to an All-American finish at the 2002 NCAA Championships and a lifetime-best throw of 72.53 (237-10).

Prior to his term at Georgia Tech, Huffs spent three years as an assistant coach in the sprints and combined events at Wake Forest (1997-2000). At the Winston-Salem, N.C., school he coached school-record holders in all sprint events and coached

the only ACC champions in the 100m, 200m and 400m relay events in school history.

In addition to his coaching and athletic accolades, Huffs is also active throughout USA Track and Field, in which he has served as a member of the USATF Board of Directors and as an officer of the USATF Athletes' Advisory Committee. He is currently serving on the NCAA Track & Field Coaches Association Executive Board. Over the past four years, Huffs has also served as the USATF Chairman of Men's Combined Events and has developed an elite combined events training camp, held annually at the Olympic Training Center in Chula Vista, Calif. Huffs was the Founder and Meet Director of the "Challenge of Atlas & Athena," the only Grand Prix combined event competition held in the United States.

While at Cal, Huffs competed at the highest levels of the NCAA. He won Pac-10 titles in the triple jump and the decathlon and won an NCAA title in the decathlon, in which he set the still existing school record of 8,007 points. Huffs' name appears in Cal's top 10 lists in four different events, and he was a two-time team captain on one of the most successful squads in Cal track and field history. He was also the winner of the prestigious Pac-10 Conference Medal (1993) for "exceptional achievement in athletics, outstanding scholastic accomplishment and significant qualities of leadership" during his intercollegiate career. Before transferring to Cal, Huffs competed for two years at Purdue, where he earned honors as the Big Ten Freshman of the Year (1989).

Huffs completed his track and field career in 2001, after winning a bronze medal in the decathlon at the 2000 Sydney Olympics and setting the world record in the decathlon 100m (10.22) at the 1996 Olympic Trials. He also owns medals from the 1999 World Championships, 1999 Pan American Games and 1998 Goodwill Games. A two-time U.S. National Champion in the decathlon (1998, 1999) and a member of the 1996 and 2000 Olympic Teams, Huffs enjoyed a long and illustrious career. He was nationally ranked in the top three and world ranked in the top 10 for eight consecutive years from 1993 until his retirement in 2001.

In January of 2000, Huffs was inducted into the Indiana State Track & Field Hall of Fame. He was also a three-time recipient (1998-2000) of the John H. Bennett Award presented by USA Track & Field.

Huffs is a native of Brooklyn, N.Y., and resides in Alameda, Calif. He received a degree in political economies of industrial societies in 2007.

Chris Huffs and his son at the Sydney Olympics on the cover of California Track & Running News (by Victor Sailer).



ASSOCIATE DIRECTOR OF TRACK & FIELD

ED MILLER

Field Events-Multi Events
24th Year at Cal



Ed Miller begins his 24th year as the Associate Head Coach at California. Throughout his storied career, Miller has earned both a national and international reputation for his success on the field.

He is considered one of the premier multi-event coaches in the world and has served United States Track & Field on four international trips, including the 2003 IAAF World Championships in Paris, France, as an assistant coach. As a member of USATF's Development Committees, Miller served as the National Coordinator for the long jump and also was the Regional Coordinator for the high jump.

A former NCAA decathlon champion and All-American for the Golden Bears, Miller assists in the administration of the program, in fund raising and in meet management.

Miller's latest honor was his recent induction into the Diablo Valley College athletic hall of fame as a member of its first class. In 2002 Ed received one of his greatest honors when he was inducted into Cal's Hall of Fame.

Miller has coached a number of outstanding athletes at Cal, including Bears head

coach and 1996 and 2000 Olympian Chris Huffins (a U.S. bronze medalist in the decathlon at Sydney 2000) and 1996 Olympian and South American record-holder Ramon Jimenez-Gaona (Paraguay, discus). In addition to Huffins, the 1993 NCAA and Pac-10 decathlon champion, Miller coached Cal decathletes Bevan Hart (2000 NCAA champion and 1999-2000 Pac-10 champion), Ross Bomben (1996 NCAA runner-up and 1998 Pac-10 champion). On the women's side, Miller coached a number of outstanding multi-eventers, including 1995 All-American Tiffany Janssen, 1995 Pac-10 champion Ifeoma Ozoeze, 2000 Pac-10 champion, All-American Missy Vanek and heptathlete Brooke Meredith (indoor and outdoor All-American and MPSF indoor champion.)

In addition to Jimenez-Gaona, a three time NCAA runner-up and school-record holder in the discus at 210-11, Miller has tutored Kari Nisula, the 1988 NCAA discus champion, the only three-time Pac-10 pole vault champion and 1992 NCAA runner-up; All-American Brent Burns (holds Cal pole vault record of 18-8.25);



All-American Clarence Phelps (2nd in the pole vault at the 1997 NCAA championships at 18-0.50); All-American Jeff Rogers (holds Cal high jump record of 7-5.75); Pac-10 high jump and triple jump champion Mike Harris (All-American in 1990); two-time Pac-10 high jump champion Kevin Keane; and high jumper Teak Wilburn (indoor and outdoor All-American and indoor conference and outdoor Pac-10 Champion). Miller's athletes have earned 23 All-America honors.

A native of nearby Pleasant Hill, Calif., Miller was a two-year letterman at California in 1975 and '76. As a senior, he captured the 1976 NCAA decathlon title in Philadelphia, Pa., scoring a then school-record 7,443 points. That score broke a 42-year-old record of Olympian Bob Clark and presently ranks sixth on the all-time list at Cal. Miller continued competing past college, including at the 1976 and '80 U.S. Olympic Trials.

Prior to returning to Cal as a coach, Miller taught, coached track and field and coached women's basketball at Los Medanos College in Pittsburg, Calif.

He and his wife, Sheila, make their home in Antioch, Calif., with their son, Eddie. Daughter Jennifer graduated from the Haas School of Business in 2004.



ASSOCIATE DIRECTOR OF TRACK & FIELD

TONY SANDOVAL

**Associate Director of Track and Field /
Head Cross Country Coach
25th Year at California**



Tony Sandoval, a familiar name in San Francisco Bay Area track and field circles, begins his 25th year of association with the California track and field program and his 16th as the associate director of track and field. Sandoval previously served nine years as Cal's head women's coach prior to the merger of the men's and women's programs into a single entity.

Sandoval specializes in coaching men's and women's distance events, 800 meters and above, as well as cross country. His expertise extends to meet management also, as he has a wealth of experience conducting major cross country and indoor and outdoor track invitational. Sandoval was a member of the NCAA Track & Field Rules Committee (1981-88) that directs all three Division I championship meets.

Under his tutelage, members of the Cal women's team earned All-America honors on 21 different occasions. Most recently, Sandoval added two more honors from Alysia Johnson in the 800 meters, both indoors and outdoors, in 2006 to her one 800 honor in 2005. Chloe Jarvis earned indoor All-American honors in the 800m in 2005. He also added Erin Belger to the list of All-Americans, as Belger finished third in the 800m at the 2002 NCAA Championships. In cross country, Bridget Duffy earned All-America honors under Sandoval in 2003.

The Bears finished in the Top 20 three times between 1987 and 1990, in addition to taking fourth at the 1990 NCAA Indoor Championships. Cal scored a school-record 23 points at the 1990 outdoor meet to claim 11th place, tying the 1987 team for the program's highest finish ever.

Some of the athletes Sandoval has coached include 2000 Olympian and All-American Bolota Asmerom; six-time All-American Richie Boulet; three-time middle distance All-American and AIAW 800m champion Louise Romo; Kirsten O'Hara, an All-American in cross country, 5000m and 10,000m; Elissa Riedy a two-time All-American in the 1500m and once in cross country; Laura Baker, an All-American in the 800m; Sally Wood, All-American in the

5000m; Sabrina Han, All-American in the 10,000m; and Magdalena Lewy, an All-American in the 5000m and one of the United States' top long distance runners who placed fifth in the marathon at the 2005 Olympic trials; All-American Tenaya Soderman in the 10,000m; Susan Vigil, an 800m national champion at New Mexico; and Duffy.

Sandoval also has coached cross country runners to All-America honors nine times: Duffy, currently a senior, Elissa Riedy, Boulet, O'Hara (three times), Marilyn Davis, Wood and Han. In addition, Boulet earned indoor All-America honors in the 3000m three times and Lisa Lopez earned indoor All-America kudos in the mile.

The 1986 NorPac Conference Track and Field Coach of the Year, Sandoval also serves as Cal's head cross country coach, a role he also filled for the women's program before the merger. In 1993, under

Sandoval's guidance, Boulet became Cal's second All-American in men's cross-country.

Sandoval guided the women's program to a pair of top 20 finishes in 1984 and 1988. In their first NCAA appearance in 1984, the Bears finished 15th nationally. Cal returned as a team in 1988 to take ninth place.

Sandoval has more than 30 years of coaching experience, having begun his career a year out of college by developing the Duke City Dashers track club in Albuquerque, N.M. DCD became a "super club" with numerous national level and record-breaking boys and girls age-group athletes in cross country

and track and field. Many of those age groups developed into national level AAU and collegiate runners. In 1972, three DCD athletes coached by Sandoval were Olympic trial finalists. Under Sandoval, Lynn Bjorklund was DCD's most accomplished runner, winning three AAU cross country championships and two AAU two-mile championships. Bjorklund was world ranked in the two mile/3000m in 1974 and 1975 and remains the national high school record holder for the 3000m.

Sandoval started his collegiate coaching career with New Mexico's women's team in 1975, serving as an assistant before taking over the head coaching duties. His UNM track team finished as high as ninth nationally. He also developed 10 All-Americans, including long distance and cross country runner Karen Crammond, middle distance runners Regina Draminga of Uganda and Tecla Chemabawi of Kenya, and 1979 800m national champion Vigil (a former DCD runner) during his eight years with the Lobos.

Active in all areas of amateur track and field, Sandoval served as the head coach for the 1995 U.S. Junior Pan American women's track and field team, which competed in Santiago, Chile. He also served as an assistant coach for the U.S. team at the 1991 Pan American Games in Cuba. Formerly the long distance coordinator for women for the Olympic Development subcommittee of the AAU, Sandoval has had four U.S. national team assignments, including the head coaching position for a U.S. junior team that competed in Cuba and Canada in 1987. In addition, Sandoval was the head coach for United States at the World Cross Country Championships in Glasgow, Scotland (1978), and Madrid, Spain (1981).

A 1968 graduate of New Mexico, Sandoval was a three-year letterwinner in cross country and track and field for a Lobo team that won two Western Athletic Conference titles in cross country and three conference championships in track and field. Sandoval competed in the mile, two mile and steeplechase events, and was an all-time top 10 performer in both the mile and two mile.

Sandoval attended Albuquerque High School in New Mexico and won the 1962 state cross country title and captured the 1963 state 880 yard championship.

Sandoval received a double master's degree from UNM in exercise physiology and guidance and counseling in 1974. He taught in the undergraduate physical education department at UNM while working on a Ph.D. in sports psychology. Sandoval and his wife, Barbara, reside in Pleasant Hill with their daughters, Lisa and Marcy.



SANDOVAL'S CALIFORNIA WOMEN'S HEAD COACHING CAREER

Year	W	L	Conference	NCAA
1983	0	1	3rd (NorPac)	49th
1984	3	3	3rd (NorPac)	38th
1985	1	4	4th (NorPac)	40th
1986	3	2	3rd (NorPac)	31st
1987	4	4	7th (Pac-10)	T11th
1988	2	5	7th (Pac-10)	T17th
1989	5	4	8th (Pac-10)	57th
1990	6	1	4th (Pac-10)	11th
1991	1	4	8th (Pac-10)	DNS
Totals	25	28	(.472, nine seasons)	

GOLDEN BEAR COACHING STAFF

SCOTT SLOVER

Pole Vault
1st Year at Cal



Scott Slover, a former pole vault star for UCLA, is in his first year as Cal's pole vault coach.

A history major who graduated from UCLA in 1999, Slover was an assistant coach with the Bruins and ranked fifth in the world in the

pole vault in that same year. He was a five-time All-American, who took third place in the 1998 NCAA Outdoor Championships and fifth place in the 1996 NCAA Outdoor Championships in the pole vault. At the NCAA Indoor Championships, he took seventh in 1996, sixth in 1997 and seventh in 1998 in the pole vault.

Slover was a two-time Pac-10 champion in the pole vault in 1996 and 1998. Slover ranks No. 2 in the pole vault, with a 1997 mark of 18-7.25, on UCLA's all-time top 10 list and still holds the UCLA freshman record of 18-0.25, set in 1995.

In 1994, he took ninth place at the World Junior Championships in Lisbon, Portugal.

As a coach, he's trained UCLA's Tracy O'Hara, who won the women's pole vault titles at the NCAA Indoor and Outdoor Championships in 2000 and at the 2002 NCAA Outdoor Championships.

Slover comes from strong track and field lineage, as his father, Bob Slover, competed in the 1968 and 1972 Olympics in the pole vault. The father-son duo has the second-best combined height in the world at 36-5.25. Bob Slover coached his son at Leland High School in San Jose, Calif., where Scott Slover was a two-time high school state champion.

The former Bruin has occasionally worked in television commercials, portraying a pole vaulter in ads for companies that include Nike, DHL and SBC.



BRYAN FETZER

Women's Sprints/Hurdles
3rd Year at Cal



Bryan Fetzer enters his third season as assistant coach in charge of women's sprints and hurdles.

During the 2006 season, his athletes were impressive in setting new school records, including

Antonette Carter in the 60-meter dash, Osarhiemen Omwanghe in the 60 hurdles and Cal's 4x400 relay. The Bears also set a new freshman women's record in the 4x400 relay.

In 2005, the women's sprint group broke several school records in addition to qualifying both the 4x100 and 4x400 relays for the NCAA Championships for the first time in school history. One of Fetzer's post-collegiate track athletes, Adam Shunk (Nike), had a lifetime best in the high jump (2.30m) and an IAAF World listing of 12th.

Fetzer comes to Cal from Muncie, Ind., where he was an assistant women's cross country and track & field coach at Ball State University. Under his guidance, three athletes won their first Mid-American Conference titles, five athletes qualified for the NCAA Regional Championships and one qualified for the NCAA Outdoor Championships. Also that season, Ball State multi-event athletes broke two school records that had previously stood for 10 years each.

Prior to his one-year stint at Ball State, Fetzer spent four years as the Director of Track and Field and Cross Country at Gardner-Webb University in Boiling Springs, N.C. From the summer of 1999 to the summer of 2003 at Gardner-Webb, Fetzer started the track and field program and led its transition from NCAA Division II status to Division I. During his tenure, he coached six NCAA champions along with 12 All-Americans, including the 2000 IAAF world leader in the 55m, Julia O'Neal. The women's team produced a pair of top five finishes at the NCAA Championships in their only year as a Division II program and finished as the Atlantic Sun Conference runner-up in the school's first year in Division I. After the 2000 season, Fetzer was named the USTCA NCAA Division II Women's Southeast Coach of the Year.

Fetzer's collegiate coaching experience started at Ranger College in Ranger, Texas, in both track and field and football. In building the women's track and field program into a national junior college power, Fetzer



produced eight NJCAA Champions and 65 All-Americans in just four seasons. His athletes rewrote every school record during Fetzer's stay in Texas. The Lady Rangers posted a pair of runner-up finishes both indoors and outdoors at the NJCAA Championships in 1999 and finished no lower than 11th at the NJCAA Championships under his tutelage.

In addition to collegiate athletes, Fetzer has consulted and worked on speed/power development and strength training with professional athletes in the NFL, Arena Football League, WNBA, WUSA and Major League Baseball. Fetzer also boasts international experience, working as an assistant coach at the 2001 World University Games for Uganda and serving on staffs at the Commonwealth Games and NACAC Under-25 Championships. He also serves as the secretary for the U.S. Women's Coaches Association.

Fetzer holds a master's degree in education from Tarleton University in Stephenville, Texas, and earned his B.A. in physical education from Canisius College in Buffalo, N.Y., where he was a four-year football letterman and captain his senior year.

JENNIFER JOYCE

Throws

4th Year at Cal



A former Golden Bear, Jennifer Joyce begins her fourth year as the throws Coach. Joyce coaches the men's and women's shot put, discus and hammer events, and she also directs the strength and conditioning of this group. Joyce was hired as a full-time throws coach after serving as a volunteer assistant for the 2002-03 season.

In just three seasons as the throws coach, Joyce has coached athletes to numerous All-American and junior All-American awards, a national record, and medals at international competitions.

Most recently Joyce coached Rhuben Williams, who was one of the best all-around throwers in Cal history. With PRs of 64-9.75 (shot put), 179-1 (discus), 205-2 (hammer), 64-10.5 (weight), Williams was a two-time All-American, and 2005 MPSF Indoor Conference Champion in the weight throw. He ranks second all-time at Cal in the shot put, fourth all-time in the hammer, and is the school record holder in the indoor weight throw and shot put.

In 2004, Joyce coached former teammate Sheni Russell to a new PR and school record of 181-2 in the discus and to a narrow second-place finish at the Pac-



10 Championships. Russell went on to earn NCAA All-American status and competed at the 2004 Olympic Trials.

Joyce has also coached Amin Nikfar to two NCAA Championship appearances, an Iranian national record and a gold medal at the 2004 Asian Indoor Games. Nikfar, who has Iranian heritage, is a national shot put champion and has competed for Iran at several international competitions. Nikfar's lifetime best in the shot put is 61-11 and ranks him fifth on Cal's all-time list.

In addition, there has been an assault on Cal's all-time top 10 list, as 10 new additions to the list have taken place by Joyce's athletes in the past four years.

A longtime member of the prominent Kajaks Track and Field Club in her hometown of Richmond, B.C., Canada, Joyce has served as a Junior Development Coach in the throwing events and is a certified Olympic Lifting Club Coach through USA Weightlifting. The native of Vancouver, B.C., is the current three-time Canadian national champion in the hammer, and she currently holds both the senior and junior national records in that event. Joyce has competed in numerous senior and junior international competitions, including the '97 Pan American Junior Championships, '98 World Junior Championships, '02 Commonwealth Games, '03 Pan American Games and '05 World Championships.

Joyce won the silver medal at the 2006 Commonwealth Games in Melbourne, Australia. In 2005, she improved her life-

time best in the hammer with a new Canadian record of 224-6 and placed 20th at the 2005 World Championships in Helsinki, Finland. Joyce continues to train with coaches Anatoli Bondarchuk and Chris Huffins for the 2007 Pan American Games and the 2007 World Championships, and looks to be a medalist at the 2008 Olympics in Beijing, China.

Joyce completed her eligibility at Cal in 2002 and graduated in 2003 with degrees in American studies and French. A two-time All-American, Joyce owns the Cal record in the hammer (214-0) and is No. 3 all-time in the discus (178-3). During her career as a Bear, she competed at the NCAA Championships all four years in the hammer and also competed in the discus her senior year. Her highest finish at the NCAA Championships came as a sophomore, when she took fourth place in the hammer. After taking second place in the hammer as a freshman and as a sophomore and taking third place as a junior, Joyce won the Pac-10 title with a throw of 204-1 as a senior.

Cal





The 2007 California Golden Bears coaching staff (left to right): assistant coach Bryan Fetzer, assistant coach Scott Slover, associate director Ed Miller, assistant coach Jennifer Joyce, head coach Chris Huffins and associate director Tony Sandoval.

TRACK & FIELD VOLUNTEER ASSISTANTS AND SUPPORT STAFF



Antonette Carter
Volunteer
Assistant Coach



Chris Coffee
Volunteer
Assistant Coach



Abby Parker
Volunteer
Assistant Coach



Chanda Picott
Undergraduate
Assistant Coach



Craig Woods
Undergraduate
Assistant Coach



Josh Flushman
Director of
Olympic Sports
Operations

Not pictured: Mark Jellison - Volunteer Assistant Coach